



BUZZ NINE

The Nine Training Center's Newsletter

WELCOME



It is my great pleasure to launch the latest edition of our trendy Newsletter, BUZZ9. We imagine life is getting as busy for all of you as it is for us. Also please don't forget to take a break and and indulge in your favourite hobbies!

One of our priorities before this year closes out is to say a big THANK YOU to all our extremely valued esteemed clients, good wishes and great learning and success to our wonderful learners, dynamic trainers, contributors, readers and to all of those who supported and worked in partnership with us in the past years and this year.

We all look forward to increasing our impact even more in the coming year and to spreading the word far and wide. In this moment in time, it is so important.

We have lots more to report so watch for announcements on the website.

That's it from me, please enjoy and see you in the next editions!



Wishing everyone all the best,
Noora Khalifa Al Khalifa
Chairwoman & CEO

A MESSAGE FROM THE MANAGING DIRECTOR

"Train yourself to find a blessing in everything" Someone once said these words to me, which have stayed in my mind throughout my life. I truly believe that we are not put into a situation that we cannot conquer. Seeing the light in the midst of darkness is a lesson we all should learn, not only during this challenging time, but all the time. Stay focused on the good and making it better. It can only go up from here!

In the face of an overwhelming tidal wave of different types of news, what we need most right now are daily reminders of our better human selves, so that each of us can rise up to this challenge.

Please know you are part of a larger community of people who believe that a better world is definitely possible. If we all hold that vision together, we can get there, supporting one another one day at a time.

Remember... "There's a light at the end of the tunnel." And the light, is green.

We have received some awesome articles including an interview and a recipe from our wonderful, dynamic trainers who are an integral part of The Nine Training Center Family...please



Happy Reading! Praying for your safety.

Warm regards,
Gopika Beri
Managing Director,
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do read and enjoy these articles and send us your views.

**Wishing everyone great health and prosperity.
May Almighty God Bless Us All.**

Pink Line WorkShop (Last day of B-Training 2022) by H.E Sheikha Noora Al Khalifa.

This workshop was hosted by H.E Sheikha Noora Al Khalifa where female students from various schools and universities attended and benefitted greatly.



INTERNATIONAL WOMEN'S DAY

The Nine Training Center appreciated each and every Woman for being a role model and an inspiration to the company. Each one's effort and contribution towards the success of the company was highly appreciated.

The Nine Training Center wishes all the Women around the globe, happiness, strength and blessings in their journey whenever they may be.



INTERVIEW MOHAMMED SHUKRI

DYNAMIC BAHRAINI TRAINER, FACILITATOR & COACH

1. What training methodologies do you employ as a trainer?

According to David Kolb, all real learning comes through experience. Therefore, experiential learning governs any training method I adopt. Whether it's role-playing, practical demonstration, case studies, or even open discussions, I make sure the learner undergoes a pre-planned "experience" which results in positive outcomes that the learner reaches, reinforced by his or her trainer.

2. How do you handle people with different learning styles and necessities?

There are countless ways with which people grasp knowledge or learn skills. However, all of them belong to one of the elements of the VAK model: Visual - Auditory - Kinesthetic. Hence, I design my training activities so that they fall under all these categories. I also try to go farther by making one activity encompass the 3 elements all together. This way, I maximize the engagement and learning by all learners in every activity.



3. What is your secret to becoming an outstanding speaker/trainer?

Well, if I told you my secret, it won't remain a secret anymore, will it?! On a more serious note, I guess the word outstanding is relevant. Our mission as trainers is not to stand out, rather to enable our trainees to stand out, by empowering them, and helping them reaching their potential in the context of the training and, in general, become more competent and capable than who they were before they join the training.



DYNAMIC BAHRAINI TRAINER, AUTHOR & AVID TRAVELLER

Hussain ALSharakhi is a bi-lingual trainer, a regional speaker and a consultant. He has been delivering training courses and motivational sessions for 16 years. He specialises in Soft Skills, Sales & Marketing, HR & Management, Blended Learning and Linguistics.

Hussain holds a Bachelor of Engineering degree from the University of Leeds and a Master of Business Administration degree from Bahrain. In addition to this, he holds several specialised certificates on various topics such as Emergency Telecommunicator ETC from IAED US. He offers training and development consultancy to a wide range of organisations, private companies and governmental authorities in more than 13 countries and for several international awarding bodies.

He also offers regular seminars and workshops on various contemporary topics, contributes to regional market studies, organises local and international trips and events in various fields and participates in voluntary and communal projects. One of Hussain's interests is to learn from different cultures, so he has been to 52 countries so far and is interested in cultures and foreign languages.



DYNAMIC BAHRAINI TRAINER, ARTIST AND CHEF

Ingredients:

| | |
|---------------|-----------------------|
| 1 Pack | Sipa Vermicelli Pasta |
| 1 Cup | White sugar |
| ½ Cup | Vegetable oil |
| 1 Table spoon | Ground cardamom |
| ½ Table spoon | Ground Cinnamon |
| ½ Cup | Rose water |
| Pinch | Saffron strings |
| 5 | Large chicken eggs |
| 1 Tea spoon | Sea Salt |
| ½ Tea spoon | Black pepper |



By: Salah Abu Idrees

How to prepare:

1- We need to place a pot with water on the stove to bring it to boiling stage, meanwhile in a frying pan we roast half of the pasta to get golden brown colour, once the water is boiling we put the roasted pasta & the rest of pasta and we make sure its mixing as it boils, once the water boils we strain it and bring it back in the pot.

2- We add half of the vegetable oil, the sugar & spices and we mix (mix half of the pasta) then add the rest to ensure that all ingredients reach to the bottom, then we place the saffron in rose water & spread it evenly on the sweet spiced pasta.

3- Using the balance vegetable oil in a frying pan we will make an omelette, cracking all eggs in deep pan mixing it well, then fry & season with salt & pepper.

Serving:

We normally eat this together with family & friends, using a deep large plate spread the sweet pasta evenly, you can chop the omelette or place it as whole in the middle for guests to help themselves by hand & best thing to drink along with this delicious dish is hot Karak tea.



بقلم: المدرب عيسى الدوسري

DYNAMIC BAHRAINI TRAINER & JOURNALIST

كثيرٌ ما يتردد على مسامعنا مصطلح المهارات الشخصية وأهميتها في تكوين كيان الإنسان وتمكينه في حياته في مختلف الأصدّة كالمهنية والشخصية وغيرها، لهذا أطرح بين أيديكم هذا المقال ليقيني التام بأهمية تلك المهارات في حياتي شخصياً، فالتجربة خير برهان كما يقال. المهارات الشخصية هي القوى الكامنة للإنسان ومفتاح التميز، وامتلاك مجموعة من السمات الذاتية والمهارات التي تنعكس على سلوكيات الإنسان لتبرز مهاراته الشخصية المتكاملة بالمعرفة.

هل المهارات مكتسبة أم فطرية؟

سؤالٌ يصحبه الكثير من الجدل والنقاش، ويمكننا القول أنها قد تكون فطرية كالموهبة، وتتكامل تلك الموهبة مع الممارسة لصقلها وتمكين صاحبها، أما الاكتساب بالممارسة فينطبق أيضاً على من هم يسعون لكسب مهارة جديدة، فالعلم يكتسب بالتعلم والمهارة تكتسب بالممارسة والتدرب.

المهارات الشخصية متعددة ولعل المهارات الاجتماعية من أهم تلك المهارات على الصعيد المجتمعي والعملي أيضاً فهي المفتاح الرئيسي للانخراط في المجتمع وتكون العلاقات الاجتماعية التي من شأنها ان تكون ثقافة الإنسان بتنوع علاقاته كما تساعدك على الانسجام معهم في مختلف الميادين والظروف.

يتجه العالم اليوم نحو التركيز على تلك المهارات الممزوجة بالعلم والمعرفة لأهميتها في قيادة المؤسسات وإيمانهم بأن تلك المهارات تعزز من شخصية الإنسان وثقته بنفسه فتزاد قابليته للتعلم والتأقلم مع ضغوطات العمل وكيفية التعامل مع تنوع ثقافات الزملاء وتوفير لهم بيئة خالية من الصدمات، كما تؤهل الموظفين للتميز وإبراز أنفسهم للنهوض بمؤسساتهم ومجتمعاتهم. " فيحسب الأبحاث التي أجراها مركز ستانفورد للأبحاث وجامعة هارفرد ومؤسسة كارنيجي أن ٨٥٪ من النجاح الوظيفي يأتي من امتلاك المهارات الشخصية الممتازة و ١٥٪ تأتي من المهارات الفنية والمعرفة."

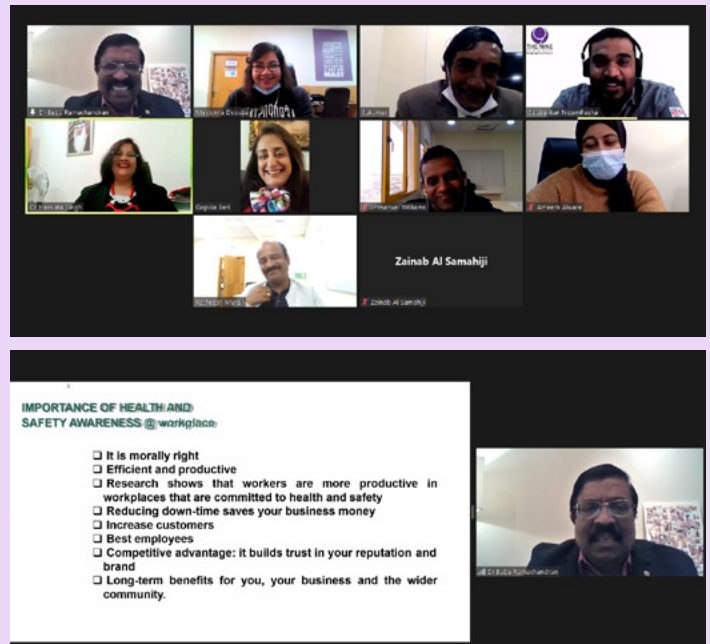
فعجبي على بعض المؤسسات المتمسكة بالتوظيف التقليدي والرافضة لأي تطور في مستوى تحسين أداء الموظفين وصقل مهاراتهم بشكل مستمر ودوري لضمان تمكينهم من مناصبهم وإعداد خلفاء لهم، وهذه السياسات التطويرية من شأنها النهوض بالمؤسسات والمجتمع وهنا تكمن المسؤولية المجتمعية اتجاه الوطن والمواطن.

فالمعنيين مسألين بتكريس جهودهم لوضع الخطط التدريبية اللازمة لتطوير كوادرهم، فمن المستحيل أن تكون الأسس الأكاديمية والخبرة العملية هما المعيارين الوحيدين



HEALTH AWARENESS SESSION DR BABU

The Nine Training Center specially thanked Dr Babu Ramachandran for taking out time from his busy schedule to give the management and the staff an awareness session on how to cope with health during these difficult times.



TRAFFIC AWARENESS SESSION

FOR JASMIS DRIVERS



A Traffic Awareness Session for Jasmis Drivers was hosted at The Nine Training Center as part of Corporate Social Responsibility. Seen here are Shaikh Rizwan: Jasmis Training Manager and Sameer Tiwari : Jasmis HR Manager with Traffic Trainer Sudish Mondy and Abubakkar Nizam Head of Admin and Finance with Gopika Beri Managing Director, The Nine Training Center Kingdom of Bahrain and the Jasmis Drivers.



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