



# BUZZ NINE

The Nine Training Center's Newsletter

## WELCOME



It is my great pleasure to launch the 3rd edition of **Buzz 9** our trendy newsletter. We pray that very soon the whole world is healthy and safe. Although we're starting this edition in a challenging period of a pandemic, we collaboratively will change every challenge to an opportunity for all. We strive to change lives of people and equip them with tools that will support their work, businesses and lives and hence we at The Nine are proud to say that our opportunities are greater than the challenges.

We are in the process of introducing new & unique programs and establishing our grounds in the GCC through our Nine Training Center in Abu Dhabi. That's it from me, please enjoy and see you in the next editions.



Wishing everyone all the best,  
**Noora Khalifa Al Khalifa**  
Chairwoman & CEO

# A MESSAGE FROM THE MANAGING DIRECTOR

Salaam Alekum to Our Extremely Valued Readers.

Time has really flown and we are pleased to share our 3rd Newsletter replete with our activities, trainings and offerings.

We are extremely proud of our innovative and creative approach which makes us unique as we continue to consistently garner great appreciation from our valued clients, stakeholders and candidates leading to repeat business and new clients via word of mouth in Bahrain and GCC.

We work closely with our clients' specific needs and requirements by offering them unique, customized and tailored end to end solutions to best address their needs with a view to enhance productivity, efficiency and quality.

We are totally committed to bringing in the latest trending practical and very much needed hot topics in the form of webinars, 9TC Talkshows, workshops to enhance our participants' knowledge and skills.

We are totally dedicated to contributing to Corporate Social Responsibility (CSR) in a big way, i.e by providing training to 700 jobseekers, offering technical support on several webinars



Happy Reading! Praying for your safety.

Warm regards,

**Gopika Beri**

Managing Director,

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organised by Ministry of Labour and Social Affairs, training interns etc.

Every year we train new Bahraini interns.

I cordially invite all our valued readers to check out our varied achievements showcased in this Newsletter.

We look forward to partnering with you on New Projects as we move forward with our initiatives.

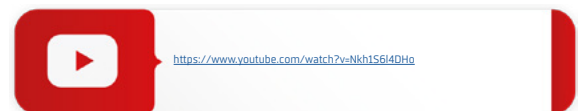
# BAHRAINI WOMEN'S DAY

The Nine Training Center celebrated the International Women's Day on March 8th.

Female team members enjoyed the day and remembered the impact they left and continuously leave on the lives of trainees through our initiatives.



The Nine also held a public session celebrating Bahraini Women's Day in December 2020 in collaboration with the Ministry of Labor and Social Development.



# HAPPY INTERNATIONAL MEN'S DAY

We also celebrated our International Men's Day on November 19<sup>th</sup>. This comes under The HR Committee's activities to celebrate important national and international events and link these days with the mission and goals of The Nine Training Center with other National and International visions of sustainability and empowerment.

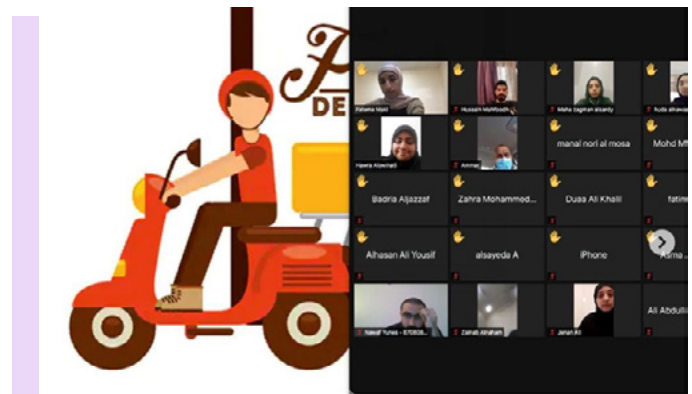


# MLSD EXTENSION OF MOU WITH MOL

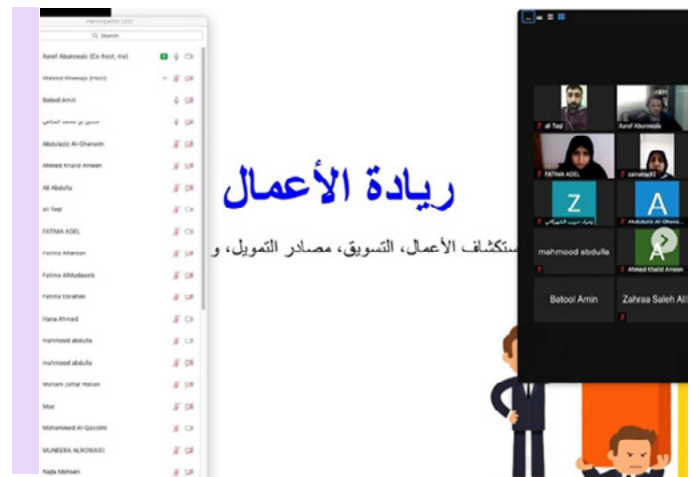
Based on its first phase success, The Nine Training Center was proudly asked to extend the Memorandum of Understanding to train an additional 200 jobseekers. This comes after the successful completion of the first phase where 500 trainees complemented The Nine's efforts and the outcomes they achieved, upon receiving outstanding training in Retail, Hospitality, Entrepreneurship, Home Businesses and Coaching for Employability.

Therefore, in the presence of His Excellency the Minister of Labor and Social Development, Mr. Jameel bin Muhammad Ali Humaidan, Dr. Essam Alalawi Director, HRD at Ministry of Labour & Social Development, Mr. Ahmed Jaafar Mohammed Al Hayki, Assistant Undersecretary for Labour Affairs signed an additional MoU in the MLSD's building in Zayed Town – Salmabad with H.E. Shaikah Noora Bint Khalifa Al Khalifa, General Manager of The Nine Training Center, to extend the provision of services in several employability soft skills needed for jobseekers.

The Ministry of Labor and Social Development's aim behind using modern technology in remote training is to accelerate the employability of the job seekers and allow them to join the labor market in accordance with national strategic plans and meet the needs of employers.



كيف تبدأ مشروعك المنزلي؟



The Nine Training Center extended its support to 9 different social centers in Bahrain which comes under the Directorate of Social Centers in the Ministry of Labor and Social Development.

Over 10,000 attendees benefited until April 2021 in more than 55 lectures provided in collaboration with various organizations including the Ministry of Interior, Ministry of Commerce, Industry and Tourism, Ministry of Housing and other private entities.

## THE EDUCATION AND TRAINING QUALITY AUTHORITY OF BAHRAIN (BQA)

We at the Nine Training Center would like to share an awesome news with all our valued clients, students, and readers.

A special review was organized by The BQA ( Bahrain Quality Assurance) in October of 2021 and this ensured we achieve the highest ranking ' Sufficient Response', designated for Training Institutes in Bahrain during the pandemic.

The Nine Training Center management and staff are grateful for all the support rendered to us by the Quality Code and The Education and Training Quality Authority in helping us get through this significant milestone.



## OUR BUSINESS PARTNERS

The Nine Training Center is proud to have some wonderful Business Associates that helped us achieve the the highest ranking ' Sufficient Response' in the BQA Audit.



# EMPLOYEE OF THE QUARTER

The Nine Training Center is pleased to have awarded Mr A S Sukumar the Employee of the quarter for the period December 2020 - March 2021.



## OUR ACHIEVERS

The Nine Training Center was proud to have Fatima Isa Hasan as an intern from Ahlia University to work in our Accounting division from December 2020 to January 2021. She was a hard-working individual with so much to provide.

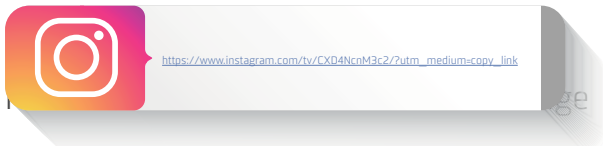
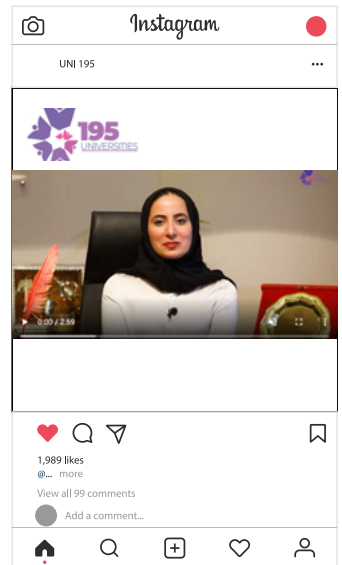


# UNI 195 UNIVERSITIES

The concept of the Universities 195 Higher Education Virtual Conference is to bring all universities from all around the world through a virtual platform, to benefit enormously from a unique global educational experience. The international conference on international universities was organized by Medpoint in cooperation with The Nine Training Center in The Kingdom of Bahrain.

One hundred and ninety-five world-class universities and highly reputed vocational institutes from all continents will form the basis of this conference.

The one-week virtual conference was hosted virtually on Zoom interactively with approximately 85,000 participants. It was also broadcasted live on YouTube with premium speakers who were Ministers and Ministry Representatives, University Presidents, Deans and Heads of Departments, Professors, Academicians, Scientists, Researchers and Consultants, University Agents, and various Educational Organisations.



## AL RASHID GROUP (A DIVISION OF LANDMARK RETAIL)

### EFFECTIVE TEAM BUILDING TRAINING

About the Landmark Group (Al Rashid Group – ARG)

The Landmark Group began its journey in 1973 with one store in Bahrain and has grown into one of the largest retail and hospitality conglomerates in the Middle East, Africa, and India. Currently the Group operates over 2,200 outlets, encompassing over 30 million square feet across 21 countries. The Nine Training Center & Landmark Group collaborated in

bringing about Effective Team building with the staff of ARG at the Lost Paradise of Dilmun in October 2021. Practising Social distance in compliance with the regulations of the Ministry of Health, ARG members learned how to work as a fully functioning part of a diverse team and struck a balance between their experience and showcased their skills during each activity.

It was truly an amazing experience in realising how the ARG staff come from different cultures, genders, and races and yet worked together to achieve their goals from different perspectives, truly diverse in more ways than one.

Team building (ARG) AT LPOD:

[https://www.instagram.com/tv/CVfXp4LFPyb/?utm\\_medium=copy\\_link](https://www.instagram.com/tv/CVfXp4LFPyb/?utm_medium=copy_link)





# INTERVIEW with our Award Winning Speaker & Trainer - Mohamed Isa

1. What training methodologies do you employ as a trainer?

The choice of the methodologies depends on the audience. However, I will always incorporate storytelling as part of my speeches and training sessions. Stories are great because they drive the points home and make them memorable.

2. How do you handle people with different learning styles and necessities?

The preparation starts before the session. As a trainer or a speaker, you ought to know your audience. Then, use this knowledge to shape your delivery style to fulfill the learning objectives. Also, it is critical to adapt your style as you go.

3. How do you see the future of training post the pandemic?

The training industry must practice what it preaches. We often say – companies and professionals alike must adapt to change. And so is the training industry. We should be ready to deliver our training in person, virtually, or using a hybrid model.

4. What is your secret to becoming an outstanding speaker/trainer?

I read extensively – online and offline. I listen to Podcasts. And I connect with professionals from all walks of life from various industries and work functions to learn more from their experiences. We should never stop learning.



# OUR GALLERY

NOCN Training Level 1 *Certificate in Introduction to the Hospitality Industry* Jasmis Batch 1 28th Sept 2021.



NOCN Training Level 1 *Certificate in Introduction to the Hospitality Industry* Jasmis Batch2 23rd Oct 2021



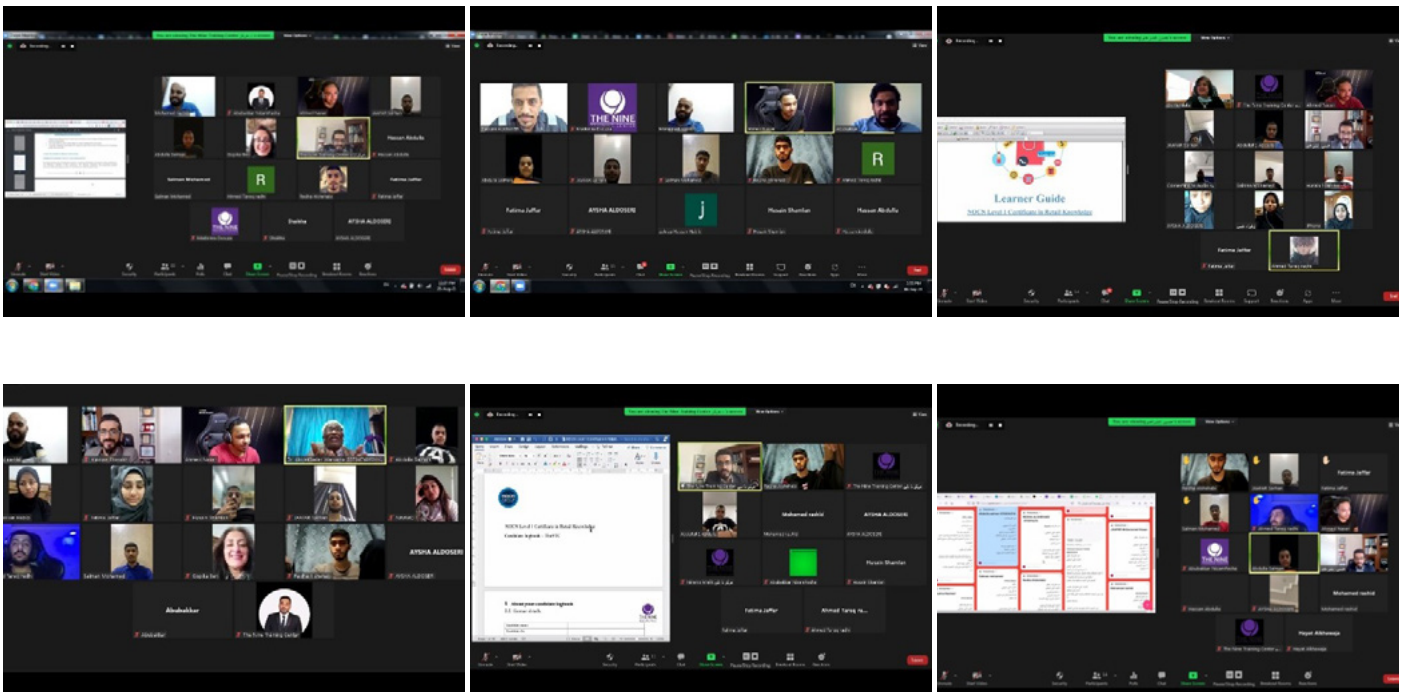
LPOD STAFF TRAINING *More Together and Ownership* 16th Aug 2021



NOCN Level 1 *Certificate in Retail Mystery Shopping* (City Centre) 25th August 2021



NOCN Level 1 *Certificate in Retail* (Virtual) 3rd August 2021



### 1. Practice Mindfulness

Practicing mindful breathing can benefit you in the long run. Breathe slowly and extend your breaths upon exhalation, this can help calm your parasympathetic nervous system and cultivate a sense of inner peace. Try to slow down your breaths and count down from five to one when breathing out.

### 2. Have a healthy & balanced diet

Keeping a healthy diet may help boost your immune system to help fight Covid. Include lots of fruits and vegetables, healthy fats, whole grain and healthy protein in your daily diet. Don't forget to keep yourself hydrated throughout the day and avoid taking in too much caffeine from coffee or black tea. Drink herbal tea such as peppermint tea to help with digestion, and chamomile tea to help you sleep better.

### 3. Stay Connected

Take this time to re-connect with your friends and families during these challenging times. You can learn how to use new technology to keep in touch with your loved ones. Apps like Zoom or Skype allow you to virtually call and connect with others anytime of the day. If you're active on Facebook, use Messenger to chat or play games with your friends. Take the time to write a good old-fashioned letter to your best friend that you have not connected in years.

### 4. Stay Active

Staying active can be as simple as taking a short walk around your backyard, gardening, cleaning your home environment, knitting, and cooking. Keep your body flexible by stretching or doing yoga first thing in the morning when you wake up. Having a daily routine is important to keep you stay active, strong, and healthy. You can also stay active by practising singing or joining a virtual choir. There are many health benefits of singing to your mental, physical, and emotional health that you may not know.





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